

# Sample Survey: Let's Goal Workshop

## Outcomes

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As a result of attending this one-day workshop, participants will be able to

1. Identify areas of strength,
2. Craft a compelling vision for their future,
3. Develop goals that align with their envisioned future,
4. Make a one-year plan to move towards their envisioned future,
5. Feel motivated to achieve their goals, and
6. Feel inspired by envisioning the future and setting goals in community.

## Sample Feedback Survey

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Thank you for participating in our one-day workshop. Your feedback is valuable to us and will help us make improvements for future participants. Please complete this brief, anonymous survey to let us know about your experience.

### Response Options:

- 1 = Strongly disagree
- 2 = Disagree
- 3 = Neither agree nor disagree
- 4 = Agree
- 5 = Strongly agree

### Registration and Communication

1. It was easy to register for the workshop online.
2. The communication I received from Let's Goal, Inc. helped me know what to expect in the workshop.
3. The directions to the workshop location were easy to follow.

### Workshop Experience

1. The workshop helped me identify my areas of strength.
2. In the workshop, I was able to craft a compelling vision for my future.
3. The workshop helped me develop goals that aligned with my envisioned future.
4. In the workshop, I made a one-year plan to move towards my envisioned future.
5. As a result of attending the workshop, I feel motivated to achieve my goals.
6. During the workshop, I felt inspired by envisioning my future and setting goals with others.

### Facilitator Feedback

1. The workshop facilitator communicated clearly.
2. The workshop facilitator created a safe learning environment.
3. The workshop facilitator personally encouraged me during the workshop.
4. The workshop facilitator's competence gave me confidence to participate fully in the workshop.
5. The workshop facilitator should lead this workshop again.

### Overall Feedback

1. What was your biggest takeaway from this workshop?
2. What one improvement would you recommend for this workshop?

### Notes about the Survey

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Notice that the survey has four sections:

- Registration and Communication - This is *process data*.
- Workshop Experience - This is *impact data*.
- Facilitator Feedback - This is *process data*.
- Overall Feedback - Question 1 gives you *impact data* and Question 2 gives you *process data*.